Daily Schedule

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| 7:00-9:00 | Wake Up | Make and eat breakfast, get dressed, make your bed, put jammies away, morning chores |
| 9:00-10:00 | Academic Time | Work sent home from school, workbooks, journal |
| 10:00-11:00 | Morning Exercise | Play outside/walk the dog |
| 11:00-12:00 | Creative Time | Crafting, baking, experiments, pretend play, build something |
| 12:00-1:00 | Lunch | Make own lunch and eat. Tidy up from lunch and morning activities |
| 1:00-2:00 | Academic Time | Work sent home from school, workbooks, Prodigy, Educational games |
| 2:00-3:00 | Afternoon Exercise | Play Outside, Go Noodle |
| 3:00-4:00 | Quiet Time | Reading, puzzles, crocheting, drawing, Play-doh, Kinetic sand |
| 4:00-5:00 | Dinner | Help make dinner and eat |
| 5:00-6:00 | Family time | Games, play outside |
| 6:00 | Settle in | Shower, pick-up from the day, evening chores, bedtime snack, brush teeth |
| 6:45 | Free Time | May watch a show if behavior was good throughout the day |
| 7:30 | Bedtime | Older kids may read in bed |