Grocery List- Week 11

|  |  |  |  |
| --- | --- | --- | --- |
| Produce-1 head of cabbage-1 large sweet onion-3 cloves garlic-3 peppers (green, red, yellow sliced)-1 onion-Guacamole (optional for fajitas) | Bread-Flour tortillas (Wheat for me) (Enough for two meals)  | Meat-2 lbs kielbasa sausage (I will use chicken)-1 lb ground beef-2 lbs chicken breasts | Dairy-1/2 cup butter (I won’t use as much for spaghetti dish, if any)-2.5 cups grated cheese (I will use mozz)-1/2 lb cottage cheese-16 oz cream cheese (I will use half-fat)-1/4 cup sour cream (I’ll use Greek Yogurt) |
| Baby/Beauty | Drinks | Paper Products | Snacks/Cereal |
| Baking- 2 ts sugar-1 pkg taco seasoning-1 ts garlic powder-1 ts cumin | Canned/Bottled- 2 ts rice wine vinegar-1.5 ts Dijon or yellow mustard -1 jar spaghetti sauce -1 pkg spaghetti (wheat for me)-1/3 cup chopped jalapeños  | Frozen | Other |
| Weekly Menu |
| Mon.Crockpot fajitas  | Tue.Kielbasa and Cabbage | Wed.Leftovers! | Thurs.Million dollar spaghetti |  Fri.Crockpot Taquitos  |