Grocery List- Week 6

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| Produce-3 cups chopped green leaf lettuce -3 carrot-3 celery stalks-2 Leeks-4 Garlic cloves-2 TB fresh dill-1/2 Lemon juice-Spinach-Spinach-Blueberries-Avocados (2)-1 Onion (chopped) | Bread-6 large tortillas (Wheat for me)  | Meat-4 lbs Chicken Breasts-1 lb ground beef (I will use ground turkey since I have it)  | Dairy-1/2 cup shredded parmesan¼ cup Fat Free Half and Half-2 cups shredded cheddar cheese (I will use Mozzarella) |
| Baby/Beauty | Drinks | Paper Products | Snacks/Cereal |
| Baking-3 TB flour -2-3 TB Chili Powder -2 ts Paprika -1/2 ts Oregano | Canned/Bottled-1 cup Caesar dressing (I will get Low Fat) -10 cups chicken broth-1 can chili beans-1 can diced tomatoes -12 oz Elbow Macaroni (Wheat for me)-1 cup Barley (I had to google where to find this! Said soup or rice aisle ;) )  | Frozen | Other |
| Weekly Menu |
| Mon.Crockpot Chicken Caesar Wraps | Tue. Creamy Chicken Barley Stew with Lemon and Dill | Wed.Leftovers! | Thurs.Berry Almond Salad (With chicken!) |  Fri.One Pot Chili Mac |